

Module 6 – Case studies



1. Angharad

You are discussing the Change That Lasts Ask Me training with your friends and talk about how being **isolated** from your family and friends can be an early warning sign of an abusive relationship.

Your friend Angharad tells you that her partner gets **really jealous** when she speaks to other people and they **get angry** when she does not respond immediately to their text messages. They have not been together long. Angharad asks you if this is domestic abuse. **How do you respond?**

2. Ashley

A friend tells you that last weekend they went out with their friends on a night out. They tell you that they were quite drunk and an acquaintance offered to walk them home. They were shocked to wake up at that person's house having clearly had sex with them. The friend doesn't remember how they got there or what happened but has been told by other friends that when they left the bar they were slurring their words and falling over themselves.



3. Jas

You go on the Change That Lasts Ask Me training and start thinking more about some of your friends relationships based on what you've learned.

You remember Jas telling you about how her boyfriend Ollie hates her seeing her friends, and often jokingly **puts her down** in front of you. You find out through a friend that Jas feels **frightened** of Ollie, but she really loves him and wants to get him some help for his anger. **How do you respond?**



4. Sara

A newcomer at your regular place of worship learns you have done the Ask Me training and tells you she had experienced domestic abuse but the relationship ended five years ago and she has not seen him since. She tells you she is in a new **healthy and loving relationship** but finds it hard to trust her partner, even though he is not abusive. **How do you respond?**

