



Cymorth i Ferched Cymru  
Welsh Women's Aid  
Rhoi Merched a Phlant yn Gyntaf  
Putting Women & Children First

SUPPORT US



PEOPLE FROM  
all walks of life  
can experience  
VIOLENCE  
This is everyone's business.

“There is no one type of woman who experiences this.

It’s everywhere, in every part of the community and every community.”

Survivor



Across Wales thousands of people experience domestic abuse, sexual violence, female genital mutilation, child sexual abuse, forced marriage, ‘honour’ based violence, stalking, sexual harassment and sexual exploitation.

It can, and does, happen to anyone, regardless of age, ethnicity, ability, sexuality, sex, carer responsibility, household income, gender identity, immigration status, geography or religion.

But globally, as in Wales, it is women and girls who are disproportionately impacted by these forms of violence, which is caused by and increases inequality between women and men.



1 in 3 Women

One in three women in Wales have experienced some form of **physical or sexual violence**.

(FRA, Violence against women: an EU-wide survey / World Health Organisation)



**"I was scared to be me."**

Survivor

So take a step back and think about friends, family members or colleagues you know, chances are some of them will have survived, or are surviving, violence or abuse.

Violence against women is everyone's business and everyone can make a difference – so take a stand today.

Welsh Women's Aid is the national charity in Wales working to end all forms of violence against women. We work to prevent violence and to make sure that every woman, man, child and young person who needs support and a place of safety can access help when they need it.

  
**30,000**  
contacts

In 2016/17 the Live Fear Free Helpline – for anyone affected by domestic abuse, sexual violence and all other forms of violence against women – received over 30,000 calls, emails and webchat inquiries.



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# Support us

Join us to build a movement in Wales so that violence and abuse is not inevitable or acceptable.

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Stay up to date with our work and **campaign** with us, **fundraise** for us or **donate** to us to help make sure everyone has access to the protection, help and support they need.

Together we can  
make a difference.



Live Fear Free Helpline Llinell Gymorth  
Byw Heb Ofn  
**0808 80 10 800**

This was made with a group of survivors, many of whom came from Welsh Women's Aid's survivor participation project SEEdS.

FIND OUT MORE

[welshomensaid.org.uk  
/support-us](https://welshomensaid.org.uk/support-us)

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